



TRUE  
Care

## WELCOME TO WILMINGTON HEALTH **TRUE CARE**

Thank you for your trust in Wilmington Health. Please fill out and submit the enclosed forms two days before your appointment to help us provide the best care possible. We look forward to serving you!

### WHY CHOOSE WILMINGTON HEALTH?

At Wilmington Health, it starts with **Trust**, at a place that **Respects** you. Where expert care meets **Unmatched** value. And where a collaborative, **Empowering** approach to wellness is not only our top priority, it's also our promise to you. Since 1971, no other area provider has offered better, more affordable care than Wilmington Health. We call it **TRUE Care**.  
*And it's what we offer our patients every single day.*



WILMINGTONHEALTH.COM



# Demographics

Please print, complete all fields, and sign.

Office Use Only: Recorded By: \_\_\_\_\_ Date: \_\_\_\_\_

Patient Last Name \_\_\_\_\_ Suffix \_\_\_\_\_ First \_\_\_\_\_ Middle \_\_\_\_\_

Prior Last Name \_\_\_\_\_ Nickname \_\_\_\_\_ SSN \_\_\_\_\_ Birthdate \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_

## Billing or PO Box Address

Street \_\_\_\_\_ Apt/Bldg/Lot \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

County \_\_\_\_\_ Country: US \_\_\_\_\_ Other \_\_\_\_\_

Primary Care Provider \_\_\_\_\_ Marital Status \_\_\_\_\_

## Secondary or Physical Address

Street \_\_\_\_\_ Apt/Bldg/Lot \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

County \_\_\_\_\_ Country: US \_\_\_\_\_ Other \_\_\_\_\_

Race \_\_\_\_\_ Language \_\_\_\_\_ Ethnicity \_\_\_\_\_

## 1-Primary Insurance Name

Policy ID# \_\_\_\_\_ Group# \_\_\_\_\_

Insurance Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Policy Holder (Sponsor) Name \_\_\_\_\_

Birthdate \_\_\_\_\_ Sex \_\_\_\_\_ Phone \_\_\_\_\_

Street \_\_\_\_\_ Apt/Bldg/Lot \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Policy Holder's Relationship to Patient \_\_\_\_\_

Employer \_\_\_\_\_

## 2-Secondary Insurance Name

Policy ID# \_\_\_\_\_ Group# \_\_\_\_\_

Insurance Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Policy Holder (Sponsor) Name \_\_\_\_\_

Birthdate \_\_\_\_\_ Sex \_\_\_\_\_ Phone \_\_\_\_\_

Street \_\_\_\_\_ Apt/Bldg/Lot \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Policy Holder's Relationship to Patient \_\_\_\_\_

Employer \_\_\_\_\_

## Emergency Contact Information

First Name \_\_\_\_\_ Middle \_\_\_\_\_ Last \_\_\_\_\_ Relationship \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Birthdate \_\_\_\_\_ Home Phone \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

## Patient Contact Information

Home Phone \_\_\_\_\_ Cell \_\_\_\_\_

Day Phone \_\_\_\_\_ Alternate \_\_\_\_\_

Preferred Contact (check 1) Home \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_ Portal \_\_\_\_\_

Preferred Notification (check 1) Phone \_\_\_\_\_ Text \_\_\_\_\_ Voice Reminders \_\_\_\_\_

E-Mail \_\_\_\_\_ Decline E-Mail \_\_\_\_\_

Patient Portal (check 1) Desires registration \_\_\_\_\_ Already registered \_\_\_\_\_

## Mother/Parent 1 (of patient under 18)

First Name \_\_\_\_\_ Middle \_\_\_\_\_

Last \_\_\_\_\_ SSN \_\_\_\_\_

Phone \_\_\_\_\_ Birthdate \_\_\_\_\_

Street \_\_\_\_\_ Apt/Bldg/Lot \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail \_\_\_\_\_ Decline E-Mail \_\_\_\_\_

## Father/Parent 2 (of patient under 18)

First Name \_\_\_\_\_ Middle \_\_\_\_\_

Last \_\_\_\_\_ Suffix \_\_\_\_\_ SSN \_\_\_\_\_

Phone \_\_\_\_\_ Birthdate \_\_\_\_\_

Street \_\_\_\_\_ Apt/Bldg/Lot \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

E-Mail \_\_\_\_\_ Decline E-Mail \_\_\_\_\_

(1) I understand that I am responsible for charges not covered or reimbursed by the above agents. I agree, in the event of non-payment, to assume the cost of the interest, collection and legal action (if required). (2) We are required by applicable federal and state law to maintain the privacy of your medical information. Our Notice of Privacy Practices document informs you of our notice at any time. (3) My right to payment for all pharmaceuticals, procedures, tests, medical equipment rentals, supplies and nursing/physician services including major medical benefits are hereby assigned to Wilmington Health. This assignment covers any and all benefits under Medicare, other government sponsored programs, private insurance and any other health plans. I acknowledge this document as a legally binding assignment to collect my benefits as payment of claims for services. In the event my insurance carrier does not accept Assignment of Benefits, or if payments are made directly to me or my representative, I will insure such payment to Wilmington Health.

	Print Name	Sign Name (Signature Required)	Relationship to Patient	Date
Patient				
Responsible Party (Of Patient Under 18 Or HealthCare POA)				



# New Pediatric Patient Medical History Form

Date: \_\_\_\_\_ Child's Name: \_\_\_\_\_ Nickname: \_\_\_\_\_  
Date of Birth: \_\_\_\_\_ Sex: ☐Male ☐Female Gender: \_\_\_\_\_  
Previous Physician: \_\_\_\_\_ Request for Records Transfer: ☐Yes ☐No  
Last Well Child Exam Date: \_\_\_\_\_  
Mother's/Parent 1 Full Name: \_\_\_\_\_  
Father's/Parent 2 Full Name: \_\_\_\_\_  
Step-Mother's/Step-parent 1 Full Name (if applicable): \_\_\_\_\_  
Step-Father's/Step-parent 2 Full Name (if applicable): \_\_\_\_\_  
Custodial Provider's Full Name (If different from above): \_\_\_\_\_  
Relationship to Patient: \_\_\_\_\_

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## Birth History

☐Check here is unknown due to adoption  
Birth Weight: \_\_\_\_\_ Pregnancy#: \_\_\_\_\_ Mom's Age: \_\_\_\_\_  
Was birth: ☐Vaginal ☐Cesarean ☐Early ☐Late  
If birth was early, how many weeks early? \_\_\_\_\_ If Cesarean, why? \_\_\_\_\_  
Did mother have any illnesses/problems with her pregnancy? ☐Yes ☐No Explain: \_\_\_\_\_  
Did baby have any problems right after birth? ☐Yes ☐No Explain: \_\_\_\_\_  
Before mother knew she was pregnant or at any time during her pregnancy did she:  
Smoke Cigarettes (amount): \_\_\_\_\_ Drink Alcohol (amount): \_\_\_\_\_  
Use Street Drugs (type): \_\_\_\_\_ Use Prescription Drugs (type): \_\_\_\_\_  
Patient exposed to secondhand smoke? ☐Yes ☐No Patient consumes caffeine? ☐Yes ☐No  
Was initial feeding: ☐Breast Milk ☐Formula

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## Current and Past History

☐Check here if unknown due to adoption  
Is your child currently on any medication? ☐Yes ☐No  
Explain/List: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Does your child have any serious or chronic illnesses?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Has your child had serious injuries or accidents?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Has your child had any surgeries?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Has your child ever been hospitalized?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Is your child allergic to any medication/foods?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Has your child ever reacted to an immunization?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____

## Does Your Child Have or Has Your Child Ever Had:

Asthma, recurrent cough, bronchitis, or pneumonia?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Nasal allergies or eczema?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Frequent ear infections or sore throat?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____



Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

## New Pediatric Patient Medical History Form

Problems with ears or hearing?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Problems with eyes, vision, or teeth?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Frequent headaches or other neurological problems?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Frequent abdominal pain?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Constipation requiring doctor visits?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Bladder/Kidney problems or bedwetting?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Any heart problems/murmur?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Anemia or bleeding problem?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Thyroid or other gland problem?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Diabetes?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
ADD/ADHD?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Mental Health Issues?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____
Use of Drugs or Alcohol?	<input type="checkbox"/> Yes <input type="checkbox"/> No Explain: _____

### Household Information

Please List All Those Living in the Child's Home

Name: _____	Relationship to Child: _____	DOB: _____
Name: _____	Relationship to Child: _____	DOB: _____
Name: _____	Relationship to Child: _____	DOB: _____
Name: _____	Relationship to Child: _____	DOB: _____
Name: _____	Relationship to Child: _____	DOB: _____
Name: _____	Relationship to Child: _____	DOB: _____

Child Care: \_\_\_\_\_

Smokers in household? ☐ Yes ☐ No Vaping? ☐ Yes ☐ No

### Family Medical History

(Parents, Siblings, Maternal and Paternal Grandparents, Maternal and Paternal Aunts/Uncles)

☐ Check Here if Family History is Unknown

Have any Family Members Had the Following:

Alcohol/Drug Abuse?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Allergies?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Asthma?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Birth Defects?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Blood Disorders?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Bone Disorders?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Cancer? Type?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Diabetes?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Endocrine Disorder?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Ear/Nose/Throat Disorders?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Eye Disorders?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____



Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_

## New Pediatric Patient Medical History Form

Gastrointestinal Disorders?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Heart Disease?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
High Blood Pressure?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
High Cholesterol?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Immune Disorders?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Joint Problems?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Kidney Disease?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Liver Disease?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Lung Disease?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Migraine Headaches?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Metabolic Disorders?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Obesity?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Seizure Disorder?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Skin Disorders?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Stroke History?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Thyroid Disorders?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Mental Health History?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____
Other Medical History?	<input type="checkbox"/> Yes <input type="checkbox"/> No Who? _____	Comments: _____

**Vaccines:** Please **bring the most recent vaccination record** to your appointment. Wilmington Health firmly believes in the effectiveness and safety of vaccines to prevent serious illness and save lives.

Vaccine information: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



1202 Medical Center Dr.  
Attn: Medical Records  
Wilmington, NC 28401  
Phone: 910-341-3308  
Fax Requests to: 910-341-3419  
Fax Records to: 910-341-1900

**Authorization for Use, Disclosure, and/or Request of Protected Health Information**

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

**Specific information being requested:**

- ☐ All Pediatric records
- ☐ History/Office Notes
- ☐ Laboratory Test results
- ☐ Pap Smears
- ☐ Mammograms
- ☐ Immunizations
- ☐ Colonoscopy and/or EGD reports including associated Pathology reports
- ☐ Radiology reports (includes Bone Density, CT/CTA, MRI/MRA, Vascular, etc.)
- ☐ Cardiology Studies
- ☐ Other: (Please be as specific as we will only be able to provide the specific information you list)

**Time Frame of records to be released:** (examples: 1 year, 2016 – current, or last 3 visits)

**Unless initialed the following information will NOT be released or disclosed:**

\_\_\_\_\_ HIV/AIDS/Communicable Disease Status

\_\_\_\_\_ Alcohol and/or Drug Abuse or Treatment

\_\_\_\_\_ Mental Health Status or Treatment

**Entities Authorized to Use, Disclose, or Receive:** If persons or organizations authorized below are not health care providers, they may further disclose the protected health information and it may no longer be protected by federal health information privacy laws.

**Records Requested FROM:**

Where are the records coming from?

Name of Provider or Organization:

\_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_

**Records Being Sent TO:**

Where are the records being sent?

Name of Provider or Organization:

\_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Fax: \_\_\_\_\_





Patient Name: \_\_\_\_\_  
DOB: \_\_\_\_\_

1202 Medical Center Dr.  
Attn: Medical Records  
Wilmington, NC 28401  
Phone: 910-341-3308  
Fax Requests to: 910-341-3419  
Fax Records to: 910-341-1900

**Preference for receipt of records:**

- ☐ Regular Mail
- ☐ Fax: \_\_\_\_\_
- ☐ Electronic Copy (disk)

**The purpose of the Use, Disclosure, and/or Request:** Fees may apply based on form of and reason for release of information.

- ☐ Changing Provider/Continuation of Care
- ☐ Insurance
- ☐ Attorney
- ☐ Personal Use
- ☐ Other: \_\_\_\_\_

**This Authorization will expire: (choose one)**

- ☐ 2 years after death of patient
- ☐ Upon written revocation
- ☐ Future Date: \_\_\_\_\_
- ☐ On the occurrence of the following event: \_\_\_\_\_

**By signing below, I understand:**

- I authorize the use and/or disclosure of my protected health information as described in this document.
- I may revoke this authorization at any time by providing written notice of my revocation. I understand that revocation of this authorization will not affect any action taken in reliance on this authorization before notice of revocation of authorization was received.
- I may refuse to sign this authorization and the request will be considered null and void.
- Wilmington Health may not condition my treatment on my refusal to sign this authorization.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_ Last 4 digits of patient's social security number: \_\_\_\_\_

**If this authorization is signed by a personal representative on behalf of the patient, complete the following:**

Personal Representative's Name: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_

If you have concerns about your privacy rights, please contact Wilmington Health Privacy Officer:  
Phone: 910-796-7701 Fax: 910-772-1307 Address: 1202 Medical Center Dr. Wilmington, NC 28401  
Email: [privacyofficer@wilmingtonhealth.com](mailto:privacyofficer@wilmingtonhealth.com)



**AUTHORIZATION TO CONSENT TO HEALTH CARE FOR MINOR**  
*Please print, complete all fields, and sign.*

Office Use Only: Recorded By \_\_\_\_\_ Date: \_\_\_\_\_

**AUTHORIZATION TO CONSENT TO HEALTH CARE FOR MINOR**

I, \_\_\_\_\_, of \_\_\_\_\_ County,  
State of \_\_\_\_\_, am the custodial parent having legal custody of  
\_\_\_\_\_, a minor child, age \_\_\_\_\_, born \_\_\_\_\_.

I authorize (the following person) \_\_\_\_\_ of \_\_\_\_\_ County,  
State of \_\_\_\_\_, to do any acts which may be necessary or proper to provide  
for the health care of the minor child, including but not limited to, the power (i) to provide for such health care  
at any hospital or other institution, or the employing of any physician, dentist, nurse, or other person  
whose services may be needed for such health care, and (ii) to consent to and authorize any health care,  
including the administration of anesthesia, x-ray examination, performance of operations or other procedures  
by physicians, dentists, and other medical personnel, except the withholding or withdrawal of life-sustaining  
procedures.

This consent shall be effective from the date it is executed until the date I terminate it in writing.

By signing here I indicate that (i) I have the understanding and capacity to recognize the importance  
of, to communicate, and assign the health care decision covered by this document, (ii) I am fully informed as to  
the contents of the document, and (iii) I understand the full scope and importance of this grant of powers to  
the agent named herein.

\_\_\_\_\_  
**Custodial Parent's Signature**

(Witness Required if signed in Wilmington Health office)

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**WH Staff Signature as Witness**

(of Custodial Parent's Signature if signed in Wilmington Health office)

\_\_\_\_\_  
**Date**

**Notary Public Required if signed outside of Wilmington Health office**

STATE OF \_\_\_\_\_

COUNTY OF \_\_\_\_\_

On this \_\_\_\_\_ day of \_\_\_\_\_, 20\_\_\_\_\_, personally appeared before me the  
named \_\_\_\_\_, to me known and known to me to be the person described  
in and who executed to foregoing instrument and that person acknowledges that he or she executed the same  
and being duly sworn to me, made oath that the statements in the foregoing instrument are true.

\_\_\_\_\_, Notary Public (**OFFICIAL SEAL**)

My Commission Expires: \_\_\_\_\_





AUTHORIZATION for USE and/or DISCLOSURE of  
PROTECTED HEALTH INFORMATION

Office Use Only: Recorded By \_\_\_\_\_ Date: \_\_\_\_\_

I authorize the use and/or disclosure of my protected health information, as set forth below. I understand that this authorization is voluntary. I understand that, if the persons or organizations I authorize below are not health care providers, they may further disclose the protected health information and it may no longer be protected by federal health information privacy laws. **This authorization will remain in place until a notice of change is provided in writing.**

**Patient Information (please print):**

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**Protected Health Information to Be Used and/or Disclosed:**

I authorize Wilmington Health to discuss medical information regarding my care, test results, appointments and/or billing information with someone other than myself? Yes ☐ No ☐

If yes, I authorize Wilmington Health to disclose my protected health information to the following individuals, who may be contacted directly by Wilmington Health:

	NAME	RELATIONSHIP	PHONE NUMBER
1			
2			
3			

I authorize Wilmington Health to leave a message regarding my medical care on my voicemail Yes ☐ No ☐  
If yes, please provide the phone number: \_\_\_\_\_

I authorize Wilmington Health to send appointment reminders via Text Message? Yes ☐ No ☐

If yes, please provide the phone number: \_\_\_\_\_

***Please note data charges may apply per your cell phone carrier***

I acknowledge that I have been made aware of Wilmington Health's Notice of Privacy Practices. I have had full opportunity to read and consider the contents of the Wilmington Health Notice of Privacy Practices.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If this authorization is signed by a personal representative on behalf of the patient, complete the following:

Personal Representative's Name: \_\_\_\_\_

Relationship to Patient: \_\_\_\_\_