



Wilmington Health  
1202 Medical Center Drive  
Wilmington, NC 28401  
(910) 341-3343

### **EGD Instructions- Morning**

Procedure date and time: \_\_\_\_\_  
Wilmington Health Endoscopy Suite - 3<sup>rd</sup> floor

#### **The day of your procedure:**

- **NOTHING by mouth after midnight prior to your procedure.** This includes chewing gum, mints, hard candy, etc. For your safety, failure to comply with this will result in cancellation of your procedure(s).
- You need to take your usual morning medications with only SIPS of water at least **3 hours** prior to your scheduled procedure time.

#### **Diabetic Patients:**

- **On the morning of your procedure DO NOT take any insulin or diabetic medications.**

#### **Patients on Blood Thinners:**

- Please take your last dose of \_\_\_\_\_ on \_\_\_\_\_.

#### **Important Information:**

- **Children under the age of 18 are not allowed in the Endoscopy Recovery Room.**
- It tends to be cold in our office, so we encourage you to wear a thick pair of socks to keep warm.
- You will need to bring a form of payment for your copay or deductible. Please leave all other valuables, including jewelry at home. If you do bring a purse, please have your driver keep it for you during your procedure(s).

#### **YOU CANNOT DRIVE YOURSELF HOME!**

Following discharge from our center, you will be transported by wheelchair to your vehicle. **A responsible licensed driver of at least 18 years of age must be present upon your arrival and remain in the building during your procedure until it is time to drive you home.** It is recommended that someone remain with you throughout the day. The anesthesia medication you receive during your procedure makes driving dangerous and illegal. **We cannot legally release you to drive. You will not be able to drive the rest of the day. You cannot take a taxi, Uber, or other ride-sharing service home.**

- **Anesthesia services are billed separately by Carolina Anesthesia. Anesthesia billing questions may be directed to 1-800-951-7850. For billing information other than anesthesia you may call our benefit coordinator at 910-796-7754.**

*Thank you for allowing Wilmington Health Endoscopy Suite to serve your health care needs! It is our pleasure to be part of your health care family.*