



WH Gastroenterology At Silver Stream
2421 Silver Stream Lane
Wilmington, NC 28401-7684
Phone: (910)341-3343
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EGD Instructions- Morning

The day of your procedure:

- **NOTHING by mouth after midnight prior to your procedure.** This includes chewing gum, mints, hard candy, etc. For your safety, failure to comply with this will result in cancellation of your procedure(s).
- You need to take your usual morning medications with only SIPS of water at least **3 hours** prior to your scheduled procedure time.

Diabetic Patients:

- **On the morning of your procedure DO NOT take any insulin or diabetic medications.**

Patients on Blood Thinners:

- **The prep nurse will advise you on taking this medication.**

Important Information:

- **Children under the age of 18 are not allowed in the Endoscopy Recovery Room.**
- It tends to be cold in our office, so we encourage you to wear a thick pair of socks to keep warm.
- You will need to bring a form of payment for your copay or deductible. Please leave all other valuables, including jewelry at home. If you do bring a purse, please have your driver keep it for you during your procedure(s).

YOU CANNOT DRIVE YOURSELF HOME!

Following discharge from our center, you will be transported by wheelchair to your vehicle. **A responsible licensed driver of at least 18 years of age must be present upon your arrival and remain in the building during your procedure until it is time to drive you home.** It is recommended that someone remain with you throughout the day. The anesthesia medication you receive during your procedure makes driving dangerous and illegal. **We cannot legally release you to drive. You will not be able to drive the rest of the day. You cannot take a taxi, Uber or other ride share service home.**

*Thank you for allowing Wilmington Health Endoscopy to serve your health care needs!
It is our pleasure to be part of your health care family.*