



First Things First:

A Parents' Guide to Circumcision



**WILMINGTON
HEALTH**

Wilmington Health Pediatrics Team



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Important information about your baby's circumcision.

A CIRCUMCISION IS AN operation that removes the foreskin of the penis. The foreskin is the fold of skin covering the tip of the penis. The procedure is ideally performed in the hospital prior to discharge; however, it may also be performed in our office in the first few days after your son is born.



Preparing for the Procedure

Here are some things you can do to keep your baby comfortable during the procedure:

- Feed your baby prior to the procedure so that he is not hungry.
- Giving your baby Tylenol before the procedure is optional, but it may aid in decreasing pain associated with the procedure.

TO PREVENT PAIN, we will give your baby a lidocaine block before the circumcision as well as sucrose during the procedure. Sucrose is a liquid sugar that provides pain relief for newborn babies during painful procedures. Along with sucking on a pacifier, sucrose is a great way to soothe infants. It is given orally with a dropper after or during painful procedures.



Circumcision Aftercare

It is normal if the penis:

- Looks red or puffy (swollen) for the first day or two.
- Has spots of blood and/or a yellow crust at the tip.
- Has a bluish color (bruises) where numbing medicine may have been used.

When you return home:

- Wash your hands before and after every diaper change and before putting medicine or petroleum jelly on the baby.
- Feed your baby like you normally would.
- Check his diaper every two to three hours. Change it right away if it is wet or dirty. Put the new one on loosely.
- Lie your baby on his back.
- Give him medicine only as directed by the doctor.
- Wash the penis gently.
- Clean the diaper area by gently blotting with a soft cloth or baby wipe. Do not give your baby a tub bath until his umbilical cord has fallen off.
- Put a lot of petroleum jelly on the penis (like an ice cream cone). Do not put any powder, alcohol, or baby wipes on the baby's penis for one week.
- Do not put any pressure on his penis.
- Keep cleaning the penis and using petroleum jelly for four to five days.

Reasons to Call Your Doctor

- Your baby has a rectal temperature of 100.4° F (38° C) or higher.
- There is a lot of bleeding.
- Your baby is unable to pee six to eight hours after the procedure.
- There is a bad smell or drainage from the penis.
- There is more redness or swelling than expected.
- The skin of the penis is not healing well in seven to 10 days or as directed.

If you have any other concerns or questions,
do not hesitate to call!



Evidence of Benefits

According to the most recent policy statement from the American Academy of Pediatrics:

“Evaluation of current evidence indicates that the health benefits of newborn male circumcision outweigh the risks and that the procedure’s benefits justify access to this procedure for families who choose it.”
(AAP, 2012)

“Specific benefits identified included prevention of urinary tract infections, penile cancer, and transmission of some sexually transmitted infections, including HIV.”
(AAP, 2012)

PAYMENT AND BILLING

Private Insurance

If you have private insurance, our office will file with your insurance company.

Medicaid

Medicaid does not cover this procedure.
(See Self Pay below.)

Self Pay

The fee is \$220 and required prior to the procedure. Payment can be made in cash or by credit/debit through the Wilmington Health Pediatrics business office.

Wilmington Health Pediatrics

Silver Stream Lane

2421 Silver Stream Lane, Wilmington
910.763.2072

Hours

Monday-Friday 8 a.m.-noon and 1:30-5 p.m.

Walk-In Clinic

Monday-Friday 8 a.m.-noon and 1:30-4:30 p.m.

Emergency Clinic

Monday-Friday 5-7 p.m.

Saturday 8-10 a.m.

Sunday noon-2 p.m.

North Chase

4320 Henson Drive, Wilmington
910.350.1787

Hours

Monday-Friday 8 a.m.-noon and 1:30-5 p.m.

Walk-In Clinic

Monday-Friday 8 a.m.-noon and 1:30-4:30 p.m.

Brunswick Forest

1333 South Dickinson Drive,
Suite 140, Leland
910.772.5563

Hours

Monday-Friday 8 a.m.-noon and 1:30-5 p.m.
(same-day appointments available)