## Caring for your children.

### PHYSICIANS AND NURSE PRACTITIONERS

in Wilmington Health Pediatrics care for patients from **birth through**18 years of age.

This brochure explains

THE BASICS OF PEDIATRICS,

scheduling appointments, refills, immunizations—everything that's important to raising a healthy and happy child.



#### Wilmington Health Pediatrics

#### **Monkey Junction**

5211 South College Road, Wilmington 910.763.2072

#### **North Chase**

4320 Henson Drive, Wilmington 910.350.1787

#### Mayfaire

6781 Parker Farm Drive, Suite 200, Wilmington 910.796.7598

#### **Brunswick Forest**

1333 South Dickinson Drive, Suite 140, Leland 910.772.5563

#### Pediatrics Office Hours

Monday-Friday 8 a.m.-noon and 1:30-5 p.m.

All Offices Offer Same-Day Appointments
Monday-Friday 8 a.m.-noon and 1:30-4:30 p.m.

#### Pediatric Convenient Care\* at Silver Stream

2421 Silver Stream Lane, Wilmington 910.763.2072

#### Hours

Monday-Friday 8 a.m.-8 p.m. Saturday and Sunday 8 a.m.-5 p.m.



# Growing WITH Your Child



## Wilmington Health Pediatrics **Team**

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<sup>\*</sup> Pediatric Convenient Care is for current Wilmington Health patients. It is also open to new patients with most commercial insurances. Patients need to check in no later than one hour prior to closing.

#### **Appointments**

Appointments are available at all four Pediatrics locations and are required for routine visits such as:

- · Well-child checkups
- First-time visits
- Physicals
- Follow ups
- ADHD visits
- Complicated or chronic concerns

When calling to schedule an appointment, you will need to provide your current insurance information, your mailing address, and your phone number.

On the day of your child's appointment, please bring your current insurance card, a method of payment, and past medical records.

#### **Cancelling Appointments**

If it is necessary to cancel an appointment, please notify our office at least 24 hours in advance. Our no-show policy states that three missed appointments will result in termination from our practice.

#### **Newborns**

Wilmington Health Pediatrics will call you to set up your newborn's first appointment in our office. Please notify the labor and delivery staff at NHRMC that your child will be a patient of Wilmington Health Pediatrics.

Circumcisions are a service we offer at Wilmington Health Pediatrics.

#### **Well-Child Visits**

Your child will need to come in for Well-Child Visits:

2 days after discharge from the hospital
2 weeks
2 months
4 months
6 months
9 months
12 months
15 months
18 months
24 months
30 months

After three years, your child will need to come in once every year for a well-child check.

#### What Happens at Well-Child Visits?

- Developmental screenings
- Immunizations

3 years

- Health history
- Physical exam
- Vision and hearing screens
- Dental check
- Nutrition assessment
- · Lab tests as needed
- Follow up/referral if needed

#### **Same-Day Appointments**

If your child is sick, same-day appointments are available at all of our offices. Same-day appointment hours are 8 a.m.-noon and 1:30-4:30 p.m. Monday-Friday.

#### **Pediatric Convenient Care**

Pediatric Convenient Care at Silver Stream is here when your child is sick or has non-emergency conditions like coughs and colds, fevers and rashes, cuts and scrapes, and bumps and bruises. Hours are 8 a.m.-8 p.m. Monday-Friday and 8 a.m.-5 p.m. Saturday and Sunday.

Pediatric Convenient Care is open to all current Wilmington Health patients. It is also open to new patients with most commercial insurances.

#### **The Hospitalized Patient**

Should your child become sick and need hospitalization, we work closely with the NHRMC Pediatric hospitalist program in covering our hospitalized patients.

#### **Prescription Refills**

Prescriptions are processed in the order in which they are received by calling any of our office numbers and choosing the medication refill selection. Please allow 48 hours for medication refills to be processed. The following information will be needed:

- Child's name
- Child's date of birth
- Medication, dosage, and frequency
- The location where you would like to pick up the prescription

Attention deficit disorder medications will only be refilled if the child has been seen in the last three to six months. These prescriptions must be picked up in the office.

#### **Forms**

All forms to be completed need to be dropped off at a Wilmington Health Pediatrics office. Please allow three business days for processing.

Visit www.wilmingtonhealth.com/patients/new-patient-registration to print off common forms for your visit.

#### **Vaccinations and Immunizations**

Wilmington Health Pediatrics is a pro-vaccine practice. If you do not plan to vaccinate or are unsure if you will vaccinate your child, we encourage you to discuss your concerns with one of our providers at your child's first appointment. We would like to work with you to plan how to best serve your child's healthcare needs.

