

# Healthy Check-Up

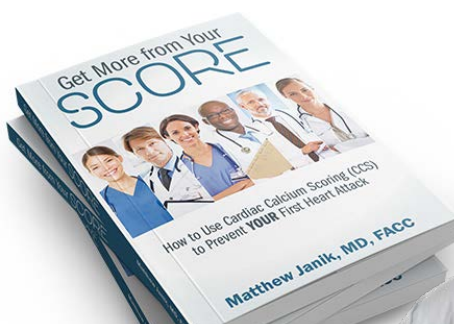


Wilmington Health's newsletter for the latest on providers, events, and more!



## Cardiologist Matt Janik, MD, FACC, Publishes New Book

Wilmington Health Cardiologist Dr. Matt Janik recently published a book called *Get More from Your Score*. This book, along with a HeartScore Cardiac Calcium Scoring, can help you live a longer, healthier life by using your HeartScore to your advantage. Get your copy today at [www.getmorefromyourscore.com!](http://www.getmorefromyourscore.com!)



## What's New at Wilmington Health

Wilmington Health has added **Colorectal** and **Allergy/Immunology** to our services. We also opened our new **Oncology/Hematology Infusion Center**.

Our new colorectal surgeon, Gentry S. Caton, MD, is the only fellowship-trained colorectal surgeon in the area. He performs everything from colonoscopies to colorectal, anal, hernia, and fecal incontinence surgeries. He also offers

surgery using the da Vinci Robotic Surgical System, which provides patients minimal scarring, quicker recovery, and shorter hospital stays.

In Allergy/Immunology, Allergist Jeffrey Culp, MD, diagnoses and treats patients of all ages suffering from asthma and mold, dust mite, and pet allergies. He also treats patients with hypersensitivity to particular substances such as pollen or food.

The new Oncology/Hematology Infusion Center, located at 2421 Silver Stream Lane in Wilmington, is dedicated to the treatment of oncology and hematology conditions. It offers compassionate care in a state-of-the-art environment.

See page 3 for more new providers.

## Award-Winning Care

Congratulations to Scott Visser, MD; Catherine Daum, MD; Traci Hammer, RN; Dean Meisel, MD, FAAP; and Danny Ott, MD, FAAP!

Dr. Visser, a Family Medicine doctor, and Dr. Daum, an Internal Medicine physician, were both nominated as Greater Wilmington Business Journal Health Care Heroes: Physician category! Traci is Wilmington Health's Breast Care

Clinic nurse and one of the finalists in the 2017 Health Care Heroes: Nurse category!

Dr. Meisel, of Family Medicine, and Dr. Ott, of Pediatrics, were chosen by StarNews' readers as Best of the Best Shorepick Physicians! Dr. Meisel was named the winner in the physician category, and Dr. Ott was named a finalist in the physician category.



## Jacksonville Continues to Expand

Wilmington Health in Jacksonville (1000 Brabham Avenue) offers primary and specialty care to meet your healthcare needs!

**Audiology/Hearing Aid Services**

910.509.7474

**Cardiology (including Nuclear Stress Test & Echocardiogram)**

910.937.2570

**Diabetes Education**

910.763.6332

**Ear, Nose, Throat**

910.509.7474

**Endocrinology**

910.763.6332

**Family Medicine**

910.937.2570

**Gastroenterology**

910.937.2570

**Occupational Health Services**

910.815.4228

**Orthopaedic Surgery**

910.937.2570

**Plastic and Reconstructive Surgery**

910.762.1234

**Podiatry**

910.937.2570

**Pulmonary**

910.341.3458

**Spinal Intervention**

910.341.3459

**Urology**

910.341.3389

Call for an appointment today!

Jacksonville also has Urgent Care for your family's unexpected emergencies—open extended hours on nights and weekends and no appointment is needed!



## Have You Recently Had a Visit with a Wilmington Health Provider Who Was a Healthcare Star?

Wilmington Health wants to hear from you! If you have a great visit, ask your provider for information on how to tell them how they did!

When our providers receive excellent reviews, they can continue to offer our patients the highest quality care possible!



## We Are Growing!

Wilmington Health has some big plans for the future! In 2018, we will be expanding in Leland and at Mayfaire and the Pointe in Wilmington! Stay up to date by liking our Facebook page!

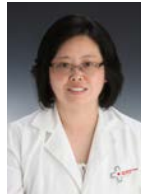


## New Providers

We are bringing quality care to your neighborhood.  
Welcome our newest providers at Wilmington Health.



**Gentry S. Caton, MD**  
Surgery and  
Colorectal Surgery  
1202 Medical Center Drive  
Wilmington



**Jin Liu, MD**  
Hospitalist  
NHRMC  
Wilmington



**Linda Ferrand, PA**  
Family Medicine  
1000 Brabham Avenue  
Jacksonville



**Jeffrey Culp, MD**  
Allergy/  
Immunology  
2421 Silver Stream Lane  
Wilmington



**Negin Misaghian-  
Xanthos, MD**  
Endocrinology  
1500 Physicians Drive  
Wilmington



**Kim Simms, FNP-C**  
Family Medicine  
4141 Shipyard Boulevard  
Wilmington



**Shaun Deese, MD**  
Hospitalist  
NHRMC  
Wilmington



**Jenna Bennett, NP**  
Internal Medicine  
Brunswick Forest  
1333 South Dickinson  
Drive, Suite 140, Leland

Visit [www.wilmingtonhealth.com](http://www.wilmingtonhealth.com)  
to learn more.



**Christopher Jarrett, MD**  
Orthopaedic  
Surgery  
1202 Medical Center Drive  
Wilmington  
Porters Neck  
8114 Market Street  
Wilmington



**Stephanie Collins, PA-C**  
Family Medicine  
Brunswick Forest  
1333 South Dickinson  
Drive, Suite 140, Leland

## Pediatrics Open House

The first Tuesday of every month at 5:30 p.m., Wilmington Health Pediatrics hosts an open house at one of its locations. Whether you are new to the area, expecting a child, or didn't get the opportunity to visit Pediatrics before your child was born, you are welcome! Here are the upcoming open house dates and locations:

**March 6—Monkey Junction**  
5211 South College Road  
Wilmington

**April 3—North Chase**  
4320 Henson Drive  
Wilmington

**May 1—Brunswick Forest**  
1333 South Dickinson Drive, Suite 140  
Leland



**June 5—Mayfaire**  
6781 Parker Farm Drive, Suite 200  
Wilmington



# Healthy Check-Up

## Events

Check out how we support our communities!

Our Pediatric Asthma Clinic team at the Regional Pediatric Asthma Conference!



Katie Peterson, RN; Mary Turnbull, RN; and Caryn Bowden, FNP-C

Wilmington Health Oncology/Hematology celebrated Breast Cancer Awareness Month! Our compassionate staff celebrates our patients and hope.



Wilmington Health Podiatry is keeping you on your toes!



Staff and providers raised money to help hurricane victims and donate \$13,500 to the American Red Cross!



Our team and our community came together to give blood at the Red Cross Blood Drive at Wilmington Health in Jacksonville. The event was organized by Emily, a member of the Wilmington Health staff.



We were proud to have Mr. Stock representing Wilmington Health Podiatry at the Ironman. He came in third in his age division, and celebrated his 37th Ironman finish!



## Not feeling well? Be seen today! Urgent Care, Convenient Care, & Walk-In Care

**Wilmington Health** offers Convenient Care for non-emergency conditions and Urgent Care for unexpected emergencies for patients and non-patients of all ages. These services are perfect for weekends and after hours, because walk-ins are always welcome.

### Urgent Care

Open 8 a.m.-8 p.m. daily

#### Jacksonville

1000 Brabham Avenue, Jacksonville  
910.347.1515

#### For emergencies after 8 p.m.,

Medac, a Wilmington Health partner, is open until 11 p.m. at Shipyard.

#### Shipyard Boulevard

4402 Shipyard Boulevard, Wilmington  
910.791.0075

### Today's Care Walk-In Clinic

Today's Care (Internal Medicine) at  
1202 Medical Center Drive, Wilmington  
Open 8 a.m.-4 p.m. Monday-Friday,  
8-11 a.m. Saturdays

### Brunswick Forest Same-Day Care

1333 South Dickinson Drive, Suite 140, Leland  
All ages, walk-in sick visits  
Open 12-7 p.m. Monday-Friday,  
8 a.m.-12 p.m. Saturday

### Convenient Care

#### Monkey Junction

5211 South College Road, Wilmington  
910.815.4231  
Open 8 a.m.-8 p.m. daily

#### Porters Neck

8108-B Market Street, Wilmington  
910.686.2870  
Open 12-8 p.m. Monday-Friday,  
8 a.m.-8 p.m. Saturday & Sunday

### Pediatric Convenient Care

#### Silver Stream

2421 Silver Stream Lane, Wilmington  
910.763.2072  
Open 8 a.m.-8 p.m. Monday-Friday,  
8 a.m.-5 p.m. Saturday & Sunday