

# Healthy Check-Up



Wilmington Health's newsletter for the latest on providers, events, and more!



## We Are Growing!

Wilmington Health expands to Mayfaire, Leland, and The Pointe! We're excited to be growing in the communities we serve! Primary care and specialty care services available at all locations!



### Leland Now open!

9101 Ocean Highway East  
Leland, NC 28451

**Mayfaire  
Opening in 2019**  
6727 Parker Farm Drive  
Wilmington, NC 28405

**The Pointe  
Opening in 2019**  
1124 Gallery Park Boulevard  
Wilmington, NC 28412

## Adult and Pediatric Type 2 Diabetes Clinic Research Studies

Wilmington Health and PMG Research of Wilmington are collaborating on several type 2 diabetes studies.



Kevin Cannon, MD, has three studies enrolling for adults ages 18 and over. The main criteria for each:

- Inadequately controlled with diet and exercise
- Diagnosed with moderate kidney impairment
- Managing diabetes with diet and exercise OR have been on a stable dose of anti-diabetes medication

John Parker, MD, FACE, ECNU, is enrolling two pediatric studies for children ages 10 to 17. We understand that choosing your child's diabetes care is an important decision. See if your child qualifies.

By choosing to enroll in a research study, you're helping to improve the quality of medicines for future generations. To learn more, contact PMG Research of Wilmington at 910.815.6108 or visit [www.PMGofWilmington.com](http://www.PMGofWilmington.com).



## OB/GYN Partners with Carolina Conceptions

The Wilmington Health OB/GYN team is proud to partner with Carolina Conceptions in making families a reality! Patients can now be locally monitored while going through IVF with Carolina Conceptions.

Visit [wilmingtonhealth.com/infertility-services](http://wilmingtonhealth.com/infertility-services) to learn more.



Sign up for the Wilmington Health Patient Portal today, and you can request appointments, make payments, access your health information, and so much more from the convenience of your home! Visit [www.wilmingtonhealth.com/patient-portal](http://www.wilmingtonhealth.com/patient-portal) to register.

## On the Move



### Cardiology

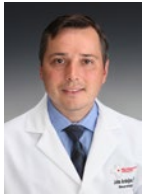
Wilmington Health Cardiologist Juan L. Aldrich, MD, FACC, has moved to 904 North Howe Street in Southport, conveniently located behind Doshier Hospital. Call 910.371.7699 to schedule an appointment.

### Rheumatology

Wilmington Health Rheumatology has moved right down the street from their old office to 2421 Silver Stream Lane in Wilmington. To schedule an appointment with Rheumatology, call 910.815.7421.

# New Providers

We are bringing quality care to your neighborhood.  
Welcome our newest providers at Wilmington Health.



**John D. Ardeljan, DO**  
Neurology  
Medical Center Drive,  
Wilmington



**Deval Patel, MD**  
Hospitalist  
NHRMC



**Maddie Havens,  
NP-C**  
Pulmonary/  
Critical Care  
NHRMC



**Lekeshia Jarrett, MD**  
Family Medicine  
Leland



**Dimpi Patel, DO**  
Hospitalist  
NHRMC



**Holly A. Kilian,  
MSN, FNP-C**  
Pediatric  
Convenient Care  
Silver Stream Lane,  
Wilmington



**Amanda R.M.  
LaBenne, MD**  
OB/GYN  
South 17th Street,  
Wilmington  
Hampstead



**Margaret Byram,  
PA-C**  
Urgent Care  
Jacksonville



**Brooke Maple, NP-C**  
Urology  
Medical Center Drive,  
Wilmington  
Leland



**Rose Southerland,  
DPM**  
Foot & Ankle  
Medical Center Drive,  
Wilmington  
Leland  
Jacksonville



**Noah Camp, PA-C**  
Family Medicine  
Jacksonville



**Jesse Myers, PA-C**  
Internal Medicine  
Leland



**Rhonda Mough, MD**  
Internal Medicine  
Monkey Junction,  
Wilmington



**Clint Cochran, MPH,  
PA-C**  
Vascular Surgery  
Medical Center Drive,  
Wilmington



**Megan Pavlovic,  
PA-C**  
Urgent Care  
Jacksonville



**Katrina L. Gauthier,  
MSN, APRN, FNP-C**  
Urgent Care  
Jacksonville



**Denise Peppard,  
NP-C**  
Hospitalist  
NHRMC

Visit [www.wilmingtonhealth.com](http://www.wilmingtonhealth.com)  
to learn more.



## Honors and Awards



Congratulations to Family Medicine's Jeremy Holdsworth, MD, for being voted Best Doctor by encore readers!



Wilmington Health OB/GYN Sarah Gore, DO, has won a National American College of Obstetricians and Gynecologists (ACOG) Mentor Award for District IV. She was one of just four ACOG Fellows from District IV honored with this award. District IV includes Argentina, District of Columbia, Georgia, Maryland, North Carolina, South Carolina, Virginia, West Virginia, Puerto Rico, and the West Indies.



Ruth White, clinical manager, received the Patriotic Employer award from the Office of the Secretary of Defense!

The Wilmington Health Radiology team won the Clinical Site of the Year Award at the recent graduation ceremony at Cape Fear Community College—Radiography Program for the second consecutive year!

The Wilmington Health Hospitalist team was recently recognized by NHRMC for having more efficient progress in care for their patients, with a lower overall length of stay for their patients than other providers in the hospital. Nursing

staff involved in the report called attention to the Wilmington Health team's excellent collaboration skills in working with others to get their patients excellent care.

Wilmington Health Cardiology's Echo Labs at 1202 Medical Center Drive in Wilmington and in Jacksonville have earned three-year Echocardiography reaccreditation (1202 Medical Center Drive) and accreditation (Jacksonville) in the area of adult transthoracic by the Intersocietal Accreditation Commission.

The following Wilmington Health offices and departments won Jacksonville Daily News Best of the Best Awards:

- 2nd place—General Practice Doctor Office in Jacksonville
- 3rd place—Dermatologist Office
- 2nd place—Family Physician Office
- 2nd place—Hearing Aid Center

## Events

Check out how we support our communities!

Our Infectious Disease team supported the HIV/AIDS walk and had a team in the race too!



Human Resources and Clinical Managers promoted our opportunities at the Cape Fear Community College's Annual Campus Community Career Fair.



Wilmington Health proudly supported the WILMA Leadership & Accelerator event at the Wilmington Convention Center.

