



Patient Name: _____

Diagnostic/ Screening colonoscopy/ Flex Sig

Diagnosis: _____

Date: _____ Time: _____ Check-In Time: _____

Surgeon: Gentry Caton, MD

Nurse Line: (910)772-6278

Location of surgery:

NHRMC

Surgical Pavilion

2131 S 17th St.

Wilmington, NC 28401

910-667-5546

WH ASU- 3rd floor

1202 Medical Center Dr..

Wilmington, NC 28401

910-341-3433

Atlantic Surgicenter

9104 Market Street

Wilmington, NC 28411

910-686-2840

*If you cannot come for your colonoscopy that morning, call the above phone numbers.

The information below only applies if your procedure is scheduled at NHRMC Endoscopy Suit.

NHRMC Medical Mall Assessment Nurse will contact you via telephone seven business days before your surgery date. The nurse will either complete a phone interview or **schedule a pre admission testing appointment at NHRMC Medical Mall** prior to surgery. You do not need to be fasting for this. **Take this packet with you.**

If you do not hear from the Medical Mall please call (910)-667-7150.

**** PLEASE CALL NHRMC'S SURGICAL CALL CENTER AT 1-877-343-7649 THE NIGHT BEFORE SURGERY TO VERIFY SURGERY TIME****

If your last name begins with:

A-I call between 6:00pm and 7:00pm

J-R call between 7:00pm and 8:00pm

S-Z call between 8:00pm and 9:00pm

Specialized Preparation (Orders): Additional orders

Continue to back

On the day of surgery:

- Remove ALL jewelry and piercings. You may place plastic studs in piercing holes.
- Leave valuables and jewelry at home.
- Do NOT wear cosmetics, lotions, powders, eye make-up or nail polish.
- No contacts. Use eye glasses.
- Be prepared to remove dentures, bridgework, hearing aids and glasses.
- Do not drink alcoholic beverages, or smoke, for at least 24 hours before surgery.
- **Make sure you have someone to drive you home after your colonoscopy**
- If you use home oxygen, bring a mobile tank with you for the ride home.

MEDICATIONS:

- **ALL PATIENTS: Stop taking 7-10 days before surgery:**
 - Fibrous foods- raw fruits and veggies, corn, seeds, nuts, etc.
 - NSAIDs - Goody-powder, Mobic/Meloxicam, Celebrex, Motrin/ibuprofen, Aleve or other aspirin-like products (You May Continue Tylenol or Baby Aspirin)
 - Vitamins and herbal supplements
 - Blood thinning medication- See your prep instruction sheet for specific instructions on holding blood thinning medication.

DIET:

- Clear liquids only on the day **before** colonoscopy and until _____am on the day of your procedure.

BOWEL PREP:

- Bowel prep- per attached sheet. If a prescription is required for your bowel prep it will be sent electronically to your pharmacy
- Fleet enemas- per attached sheet. You will need to purchase **two** enemas over-the-counter at your local pharmacy. Do one the night before and one the morning of your procedure